



2009 California Lifeguard Championships

Saturday, July 25

Seal Beach, CA

2 KM BEACH RUN

MEN:

- | | |
|----------------------|----------------|
| 1. Derek Doler | Ventura County |
| 2. Tyler Stover | LACOLA |
| 3. Nick Sullivan | HB City |
| 4. Dustin Fiero | San Diego |
| 5. Nevin Kay | Long Beach |
| 6. Eric Pronovost | LACOLA |
| 7. Marc-Andre Dufort | LACOLA |
| 8. Ryan Tulay | Seal Beach |
| 9. Matt Maya | Seal Beach |
| 10. Todd Henderson | Ventura |

WOMEN:

- | | |
|-------------------------|------------|
| 1. Kelli Lyons | Cal State |
| 2. Lauren Campbell | COLA |
| 3. Alex Hart | Cal State |
| 4. Elisa Finan | Cal State |
| 5. Chris Linkletter | LACOLA |
| 6. Nicole Norris | Seal Beach |
| 7. Heather Thomson | Cal State |
| 8. Lori Walton | Seal Beach |
| 9. Elisa DelaPena-Nagle | LA City |
| 10. Cheri Ellington | LACOLA |

MEN 30-34:

- | | |
|---------------|-----------|
| 1. Eric Mukes | Cal State |
|---------------|-----------|

WOMEN 30-34:

- | | |
|----------------|------------|
| 1. Lori Walton | Seal Beach |
|----------------|------------|

MEN 35-39:

- | | |
|----------------------|------------|
| 1. Christian Murgia | LACOLA |
| 2. Jeff Williams | Long Beach |
| 3. Ryan Manderscheid | Cal State |

WOMEN 35-39:

- | | |
|-------------------------|------------|
| 1. Lori Walton | Seal Beach |
| 2. Elisa DelaPena-Nagle | LA City |
| 3. Ryan Manderscheid | Cal State |

MEN 40-44:

- | | |
|----------------------|------------|
| 1. Rodney Williamson | LA City |
| 2. Raymond Koehler | LACOLA |
| 3. Jeff Gillott | Long Beach |

WOMEN 40-44:

- | | |
|---------------------|--------|
| 1. Chris Linkletter | LACOLA |
|---------------------|--------|

MEN 45-49:

- | | |
|-----------------|-----------|
| 1. John Serrano | San Diego |
| 2. Tim Houts | Laguna |

WOMEN 45-49:

- | | |
|---------------|--------|
| 1. Ann Finley | LACOLA |
|---------------|--------|

MEN 50-54:

- | | |
|--------------|-----------|
| 1. Al Pepito | Cal State |
|--------------|-----------|

WOMEN 50-54:

- | | |
|--------------------|--------|
| 1. Cheri Ellington | LACOLA |
|--------------------|--------|

MEN 55-59:

- | | |
|------------------|-------------|
| 1. Eldin Onsgard | LACOLA |
| 2. John Ragsdale | LA Co Lakes |
| 3. Gareth Burk | LA City |

WOMEN 55-59:

- | | |
|---------------------|--------|
| 1. Shannon Sullivan | LACOLA |
|---------------------|--------|

SURF RACE

MEN:

| | |
|---------------------|------------|
| 1. Patrick Jacobson | LACOLA |
| 2. Brian Boswell | Ventura |
| 3. John Baltz | LACOLA |
| 4. Nathan Walter | Long Beach |
| 5. Nick Sullivan | Long Beach |
| 6. Rick Graves | Cal State |
| 7. Chris Liedle | Del Mar |
| 8. Ian Ellis | San Diego |
| 9. Mike Kowalski | Cal State |
| 10. David Ruch | San Diego |

WOMEN:

| | |
|----------------------|--------------|
| 1. Kailey Makuta | LACOLA |
| 2. Alison Riddle | LACOLA |
| 3. Brittany Rowe | San Diego |
| 4. Tracey Crothers | LACOLA |
| 5. Christina Boring | San Clemente |
| 6. Courtney Hemmerly | San Diego |
| 7. Kim Shales | LACOLA |
| 8. Kelli Lyons | Cal State |
| 9. Kim Hockett | San Diego |
| 10. Kassie Mann | Cal State |

MEN 30-34:

| | |
|-----------------|-----------|
| 1. Chris Egan | Cal State |
| 2. John Baltz | LACOLA |
| 3. Ben Gottlieb | LACOLA |

WOMEN 30-34:

| | |
|-------------------|------------|
| 1. Lauren Sosenko | Seal Beach |
|-------------------|------------|

MEN 35-39:

| | |
|---------------------|------------|
| 1. Jeff Williams | Long Beach |
| 2. Christian Murgia | LACOLA |
| 3. Chris Pierce | Seal Beach |

WOMEN 35-39:

| | |
|-------------------------|------------|
| 1. Lori Walton | Seal Beach |
| 2. Elisa DelaPena-Nagle | LA City |

MEN 40-44:

| | |
|--------------------|------------|
| 1. Rick Graves | Cal State |
| 2. Raymond Koehler | LACOLA |
| 3. Jeff Gillott | Long Beach |

WOMEN 40-44:

| | |
|---------------------|--------|
| 1. Chris Linkletter | LACOLA |
|---------------------|--------|

MEN 45-49:

| | |
|---------------------|-----------|
| 1. Frank Bird | LACOLA |
| 2. Robert Brunswick | Laguna |
| 3. John Serrano | San Diego |

WOMEN 45-49:

| | |
|---------------|--------|
| 1. Ann Finley | LACOLA |
|---------------|--------|

MEN 50-54:

| | |
|-----------------|------------|
| 1. Al Pepito | Cal State |
| 2. Eric Atkeson | LACOLA |
| 3. Tony Gentile | Long Beach |

WOMEN 50-54:

| | |
|--------------------|--------|
| 1. Cheri Ellington | LACOLA |
|--------------------|--------|

MEN 55-59:

| | |
|------------------|------------|
| 1. Jerry Lozano | LACOLA |
| 2. John Burt | Long Beach |
| 3. Eldin Onsgard | LACOLA |

WOMEN 55-59:

| | |
|---------------------|--------|
| 1. Shannon Sullivan | LACOLA |
|---------------------|--------|

BOARD RACE**MEN:**

- | | |
|-----------------------|-----------|
| 1. Brian Murphy | LACOLA |
| 2. Ben Vail | Cal State |
| 3. Shane Scoggins | Cal State |
| 4. Rich Sprout | Cal State |
| 5. Nick Sullivan | HB City |
| 6. Matt Becker | Del Mar |
| 7. Patrick Jacobson | LACOLA |
| 8. Tom Barnett | LACOLA |
| 9. Chris Dobrosielski | San Diego |
| 10. Tyler Stover | LACOLA |

WOMEN:

- | | |
|---------------------|--------------|
| 1. Tandis Morgan | LACOLA |
| 2. Alison Riddle | LACOLA |
| 3. Kelsey O'Donnell | Long Beach |
| 4. Tracey Crothers | LACOLA |
| 5. Brittany Rowe | San Diego |
| 6. Christina Boring | San Clemente |
| 7. Gillian Gibree | San Diego |
| 8. Amy Zimmerfaust | Long Beach |
| 9. Kassie Mann | Cal State |
| 10. Lauren Campbell | COLA |

MEN 30-34:

- | | |
|---------------|--------|
| 1. John Baltz | LACOLA |
|---------------|--------|

MEN 35-39:

- | | |
|----------------------|------------|
| 1. Jerry Merayo | Cal State |
| 2. Jeff Williams | Long Beach |
| 3. Ryan Manderscheid | Cal State |

WOMEN 35-39:

- | | |
|---------------------------|---------|
| 1. Elisa De La Pena-Nagle | LA City |
|---------------------------|---------|

MEN 40-44:

- | | |
|-----------------------|------------|
| 1. Chris Dobrosielski | San Diego |
| 2. Jeff Gillott | Long Beach |

WOMEN 40-44:

- | | |
|---------------------|--------|
| 1. Chris Linkletter | LACOLA |
|---------------------|--------|

MEN 45-49:

- | | |
|--------------------|--------|
| 1. Patrick Hemmens | Laguna |
|--------------------|--------|

WOMEN 45-49:

- | | |
|---------------|--------|
| 1. Ann Finley | LACOLA |
|---------------|--------|

MEN 50-54:

- | | |
|-----------------|--------|
| 1. Eric Atkeson | LACOLA |
| 2. John Brick | Laguna |

- | | |
|--------------|-----------|
| 3. Al Pepito | Cal State |
|--------------|-----------|

WOMEN 50-54:

- | | |
|--------------------|--------|
| 1. Cheri Ellington | LACOLA |
|--------------------|--------|

MEN 55-59:

- | | |
|------------------|--------|
| 1. Tom Barnett | LACOLA |
| 2. Eldin Onsgard | LACOLA |

MEN 60+:

- | | |
|---------------|--------|
| 1. Bill Mount | LACOLA |
|---------------|--------|

RESCUE RACE**MEN:**

- | | |
|---|----------------|
| 1. Henderson, Boswell, Taylor, Keegan | Ventura County |
| 2. Fiero, Ellis, Ruch, Kowalski | San Diego |
| 3. Egan, Graves, Merayo, Manderschied | Cal State |
| 4. Darling, Murphy, Gottlieb, Jacobson | LACOLA |
| 5. Butler, Etnyre, Kennedy, Afandi | Cal State |
| 6. Maya, Pierce, Ferrington, Sandvig, | Seal Beach |
| 7. Williams, Kay, Gonzales, Walter | Long Beach |
| 8. Becker, Owen, Leidel, Seiber | Del Mar |
| 9. Azzazy, Fees, Kirkbaumer, Longobardo | COLA |
| 10. Steele, Williamson, Sniderman, Cortez | LA City |

WOMEN:

- | | |
|---|------------|
| 1. Henmerly, Fenske, Haskett, Rowe | San Diego |
| 2. Schellinger, Lyons, Thomson, Mann | Cal State |
| 3. Anderson, Martin, O'Donnell, Zimmerfaust | Long Beach |
| 4. Finian, Hart, Thurber, Lane | Cal State |
| 5. Carpenter, Johnson, Norris, Rogers | Seal Beach |
| 6. Riddle, Shales, Ellington, Sullivan | LACOLA |
| 7. Rohde, Kelly, Campbell, Gallito | COLA |

TAPLIN RELAY

MEN:

1. Murphy, Jacobson, Morgan, Murgia
LACOLA
2. Scoggins, Graves, Sprout, Butler
Cal State
3. Czer, Baltz, Butki, Cartlidge
LACOLA
4. Merayo, Egan, Manderschied, Messina
Cal State
5. Stover, Gottlieb, Dufort, Darling
LACOLA
6. Ellis, Fiero, Dobrosielski, Ruch
San Diego
7. Houts, Mendezsielski, henman, Brunswick,
Laguna
8. Kennedy, Lough, Etnyre, Harrington,
Cal State

WOMEN:

1. Crothers, Shales, Makuta, Morgan
LACOLA
2. Lyons, Thomson, Hart, Mann
Cal State
3. Thurber, Finan, Schellinger, Lane
Cal State

SURFBOAT

MEN:

1. Cartlidge / Van Duinwyk LACOLA
2. Kahn / Birdsell LACOLA/ SD
3. Kummer / Rollins Cal State
4. Demari / Griffin LACOLA
5. Czer / Clark LACOLA
6. Carver / Harrington Long Beach
7. Lyons / Gonzales Long Beach
8. Tulay / Dillar Seal Beach

WOMEN:

1. Anderson / O'Donnell Long Beach

MEN 30-34:

1. Cartlidge / Van Duinwyk LACOLA
2. Demari / Griffin LACOLA

MEN 45-49:

1. Kahn / Birdsell LACOLA/SD
2. Brunswick / Houts Laguna

MEN 50-54:

1. Brick / Mendez Laguna

MEN 55-59:

2. Onsgard / Steigley LACOLA

IRONMAN

MEN:

1. Brian Murphy LACOLA
2. Patrick Hemmens Laguna
3. Rich Sprout Cal State
4. Chris Dobrosielski San Diego
5. Mark Dufort LACOLA
6. Bryan Entyre Cal State
7. Youssef Azzazy COLA

MEN 30-34:

1. Chris Egan Cal State

MEN 35-39:

1. Jerry Merayo Cal State

MEN 40-44:

1. Chris Dobrosielski San Diego

MEN 45-49:

1. Patrick Hemmens Laguna

MEN 50-54:

1. Eric Atkeson LACOLA

IRONWOMAN

WOMEN:

1. Tandis Morgan LACOLA
2. Tracey Crothers LACOLA
3. Chris Linkletter LACOLA

WOMEN 40-44:

4. Chris Linkletter LACOLA

BOARD RELAY

MEN:

1. Scoggins, Sprout, Vail
Cal State
2. Jacobson, Stover, Murphy
LACOLA
3. Doler, Kegan, Henderson
Ventura
4. Kowalski, Fiero, Dobrosielski
San Diego
5. Mouradian, Kennedy, Merayo
Cal State
6. Landis, Landis, Reid
Long Beach
7. Butler, Lyons, Herrington
Long Beach
8. Dufour, Alfondi, Herrington
Cal State
9. Ellis, Ruch, Kay
San Diego/San Diego/Long Beach
10. Cody, Fees, Longobardo
COLA

WOMEN:

1. Crothers, Riddle, Morgan
LACOLA
2. Zimmerfaust, O'Donnell, Anderson
Long Beach
3. Rowe, Gibree, Fenske
San Diego
4. Hockett, Hemmerly, Thurber
San Diego/San Diego/Cal State
5. Lyons, Schellinger, Mann
Cal State
6. Gallitto, Campbell, Rohde
COLA
7. Hart, Finan, Thomson
Cal State
8. Rogers, Carpenter, Walton
Seal Beach
9. Parkhouse, Martin, Lane
Long Beach

LANDLINE RESCUE

OPEN:

1. Murgia, Baltz, Darling, Cartlidge
LACOLA
2. Hart, Egan, Merayo, Manderscheid
Cal State
3. Maya, Rogers, Tennant, Pierce
Seal Beach

4. Norris, Steele, Tulay, Diller
Seal Beach
5. Martin, Herrington, Gonzales, Walters
Long Beach
6. Weinert, Longobardo, Campbell,
Kirkbomber COLA
7. Steele, Sniderman, Cortez, delaPena-Nagle
LA City
8. Fees, Kelly, Azzazy, Healy
COLA

SURF SKI

MEN:

1. Brian Murphy LACOLA
2. Tyler Morgan LACOLA
3. Brian Kummer Cal State
4. Patrick Hemmens Laguna
5. Jerry Merayo Cal State
6. Rich Sprout Cal State
7. Brian Etnyre Cal State
8. Jay Butki LACOLA
9. Ryan Manderscheid Cal State
10. Eric Atkeson LACOLA

WOMEN:

1. Tracey Crothers LACOLA
2. Tandis Morgan LACOLA
3. Chris Linkletter LACOLA
4. Alexandra Hart Cal State

MEN 30-34:

1. Tyler Morgan LACOLA

MEN 35-39:

1. Jerry Merayo Cal State
2. Ryan Manderscheid Cal State
3. Api Weinart COLA

MEN 40-44:

1. Chris Dobrosielski San Diego

WOMEN 40-44:

1. Chris Linkletter LACOLA

MEN 45-49:

1. Brian Kummer Cal State
2. Patrick Hemmens Laguna
3. Jay Butki LACOLA

MEN 50-54:

1. Eric Atkeson LACOLA

2. RUN-SWIM-RUN

MEN:

| | |
|---------------------|------------|
| 1. Patrick Jacobson | LACOLA |
| 2. Chris Liedle | Del Mar |
| 3. Brian Boswell | Ventura |
| 4. Derek Doler | Ventura |
| 5. David Ruch | San Diego |
| 6. Sam Walters | Ventura |
| 7. Richard Taylor | Ventura |
| 8. Austin Trinkle | Seal Beach |
| 9. Eric Steele | Seal Beach |
| 10. John Baltz | LACOLA |

WOMEN:

| | |
|----------------------|--------------|
| 1. Alison Riddle | LACOLA |
| 2. Brittany Rowe | San Diego |
| 3. Tracey Crothers | LACOLA |
| 4. Courtney Hemmerly | San Diego |
| 5. Christina Boring | San Clemente |
| 6. Amy Zimmerfaust | Long Beach |
| 7. Gillian Gibree | San Diego |
| 8. Chris Linkletter | LACOLA |
| 9. Kelli Lyons | Cal State |
| 10. Kim Hockett | San Diego |

MEN 30-34:

| | |
|---------------|-----------|
| 1. John Baltz | LACOLA |
| 2. Eric Mukes | Cal State |

WOMEN 30-34:

| | |
|-------------------|------------|
| 1. Lauren Sosenko | Seal Beach |
|-------------------|------------|

MEN 35-39:

| | |
|---------------------|------------|
| 1. Christian Murgia | LACOLA |
| 2. Chris Pierce | Seal Beach |

WOMEN 35-39:

| | |
|----------------|------------|
| 1. Lori Walton | Seal Beach |
|----------------|------------|

MEN 40-44:

| | |
|-----------------|------------|
| 1. Rick Graves | Cal State |
| 2. Jeff Gillott | Long Beach |

WOMEN 40-44:

| | |
|---------------------|--------|
| 1. Chris Linkletter | LACOLA |
|---------------------|--------|

MEN 45-49:

| | |
|---------------------|-----------|
| 1. John Serrano | San Diego |
| 2. Robert Brunswick | Laguna |
| 3. Tim Huts | Laguna |

WOMEN 45-49:

| | |
|---------------|--------|
| 1. Ann Finley | LACOLA |
|---------------|--------|

MEN 50-54:

| | |
|-----------------|-----------|
| 1. Eric Atkeson | LACOLA |
| 2. Al Mendez | Laguna |
| 3. Al Pepito | Cal State |

WOMEN 50-54:

| | |
|--------------------|--------|
| 1. Cheri Ellington | LACOLA |
|--------------------|--------|

MEN 55-59:

| | |
|------------------|--------|
| 1. Tom Barnett | LACOLA |
| 2. Eldin Onsgard | LACOLA |

WOMEN 55-59:

| | |
|---------------------|--------|
| 1. Shannon Sullivan | LACOLA |
|---------------------|--------|

BOARD RESCUE RACE

MEN:

| | |
|-----------------------------|------------|
| 1. Vail / Scoggins | Cal State |
| 2. Becker / Owen | Del Mar |
| 3. *Kowalski / Dobrosielski | San Diego |
| 3. *Ruch / Fiero | San Diego |
| *tie for 3 rd | |
| 5. Egan / Kennedy | Cal State |
| 6. Butler / Reid | Long Beach |
| 7. Sandvig / Diller | Seal Beach |
| 8. Landis / Kay | Long Beach |

WOMEN:

| | |
|-----------------------|------------|
| 1. Morgan / Crothers | LACOLA |
| 2. Carpenter / Rogers | Seal Beach |
| 3. O'Donnell / Martin | Long Beach |
| 4. Rowe / Gibree | San Diego |
| 5. Hemmerly / Fenske | San Diego |
| 6. Schellinger / Mann | Cal State |
| 7. Shales/Riddle | LACOLA |
| 8. Anderson/Parkhouse | Long Beach |

AMERICAN IRONMAN

MEN:

- | | |
|----------------------|------------|
| 1. David Cartlidge | LACOLA |
| 2. Eldin Onsgard | LACOLA |
| 3. Daniel Harrington | Long Beach |
| 4. Gabe Cariper | Long Beach |
| 5. Mike Diller | Seal Beach |

MEN 30-34:

- | | |
|--------------------|------------|
| 1. David Cartlidge | LACOLA |
| 2. Gabe Cariper | Long Beach |

MEN 55-59:

- | | |
|------------------|--------|
| 1. Eldin Onsgard | LACOLA |
|------------------|--------|

AMERICAN IRONWOMAN

WOMEN:

- | | |
|----------------------|--------------|
| 1. Tracey Crothers | LACOLA |
| 2. Brittany Rowe | San Diego |
| 3. Alison Riddle | LACOLA |
| 4. Christina Boring | San Clemente |
| 5. Courtney Hemmerly | San Diego |
| 6. Gillian Gibree | San Diego |
| 7. Kassie Mann | Cal State |
| 8. Amy Zimmerfaust | Long Beach |
| 9. Nicole Norris | Seal Beach |
| 10. Nicole Thurber | Cal State |

WOMEN 30-34:

- | | |
|----------------|------------|
| 1. Lori Walton | Seal Beach |
|----------------|------------|

BEACH FLAGS

MEN:

- | | |
|---------------------|------------|
| 1. Patrick Jacobson | LACOLA |
| 2. Dylan Reid | Long Beach |
| 3. Kyle Celinder | Cal State |
| 4. Jason Tighe | Seal Beach |
| 5. Dustin Fiero | San Diego |
| 6. Farid Azzazy | COLA |
| 7. Gus Cortez | LA City |
| 8. Matt Landis | Long Beach |
| 9. Michael Diller | Seal Beach |
| 10. Richard Taylor | Ventura |

WOMEN:

- | | |
|----------------------|------------|
| 1. Jenesa Archdeacon | Capitola |
| 2. Caroline Marani | Capitola |
| 3. Katie Rogers | Seal Beach |
| 4. Kelli Lyons | Cal State |
| 5. Courtney Hemmerly | San Diego |
| 6. Kim Hockett | San Diego |
| 7. Samantha Lane | Long Beach |
| 8. Elisa Finan | Cal State |
| 9. Alexandra Hart | Cal State |
| 10. Lori Walton | Seal Beach |

MEN 30-34:

- | | |
|---------------|-----------|
| 1. Eric Mukes | Cal State |
|---------------|-----------|

MEN 35-39:

- | | |
|-----------------|------------|
| 1. John Dixon | Capitola |
| 2. Chris Pierce | Seal Beach |
| 3. Api Weinart | COLA |

WOMEN 35-39:

- | | |
|-------------------------|------------|
| 1. Lori Walton | Seal Beach |
| 2. Elisa DelaPena-Nagle | LA City |

MEN 40-44:

- | | |
|----------------------|------------|
| 1. Barney Williamson | LA City |
| 2. Jeff Gillott | Long Beach |

MEN 45-49:

- | | |
|---------------------|--------|
| 1. Tim Houts | Laguna |
| 2. Robert Brunswick | Laguna |

WOMEN 45-49:

- | | |
|---------------|--------|
| 1. Ann Finley | LACOLA |
|---------------|--------|

MEN 50-54:

- | | |
|-----------------|------------|
| 1. Al Pepito | Cal State |
| 2. Tony Gentile | Long Beach |

MEN 55-59:

- | | |
|------------------|---------|
| 1. Eldin Onsgard | LACOLA |
| 2. Gareth Burke | LA City |

WOMEN 55-59:

- | | |
|---------------------|--------|
| 1. Shannon Sullivan | LACOLA |
|---------------------|--------|

MEN 60-64:

- | | |
|----------------|-------------|
| 1. Gordon Gray | LA Co Lakes |
|----------------|-------------|

Overall TEAM RESULTS

| | |
|---------------------------|-------|
| 1. LACOLA | 690.5 |
| 2. Cal State Parks | 381.2 |
| 3. San Diego City | 236.1 |
| 4. Long Beach | 186.1 |
| 5. Seal Beach | 136 |
| 6. Ventura County | 71 |
| 7. Laguna Beach | 67 |
| 8. COLA (USOS) | 42 |
| 9. L.A. City | 39 |
| 10. Del Mar | 32 |
| 11. Huntington Beach City | 23 |
| 12. Capitola | 22 |
| 13. San Clemente City | 20 |
| 14. L.A. Co. Lakes | 8 |

Open points only TEAM RESULTS

| | |
|--------------------------|-------|
| 1. LACOLA | 466 |
| 2. Cal State Parks | 306.2 |
| 3. San Diego City | 202.6 |
| 4. Long Beach | 159.1 |
| 5. Seal Beach | 99 |
| 6. Ventura County | 71 |
| 7. COLA (USOS) | 40 |
| 8. Del Mar | 32 |
| 9. Huntington Beach City | 23 |
| 10. *Laguna Beach | 22 |
| 10. *Capitola | 22 |
| 12. San Clemente City | 20 |
| 13. L.A. City | 11 |
| 14. L.A. Co. Lakes | 0 |